

June 2005

Fleet & Family Support Center

PRE-REGISTRATION IS REQUIRED
for all classes except the ones marked **.

Call us **TODAY** at 243-FFSC (3372)

to reserve a seat

in any of our fantastic classes!

Thriving in Japan Workshops

☂ **Area Orientation Brief / Intercultural Relations**

(This class is required for all incoming adults. The class is a 4-day class from 7:45 - 4:00pm each day.)

Tuesday - Friday, 7th - 10th

Tuesday - Friday, 14th - 17th

Tuesday - Friday, 21st - 24th

Tuesday - Friday, June 28th - July 1st

☂ **Enjoying Japanese Food**

Monday, 13th, 9:00am - 1:00pm

☂ **Your Japanese Home**

Tuesday, 7th or 21st, 8:30am - 12:30pm

Employment Assistance

☂ **Effective Resume Writing**

Wednesday, 8th, 10:00am - 12:00pm

☂ **Employment Overview- Yokosuka Area**

Tuesday, 28th, 10:00 - 11:30am

☂ **English Teachers Networking Group**

Thursday, 23rd, 12:00 - 2:00pm

☂ **Getting Started Teaching English**

Wednesday, 22nd, 10:00am - 12:00pm

☂ **Interview Techniques**

Tuesday, 14th, 11:00am - 12:30pm

☂ **Ten Steps to a Federal Job**

Monday, 13th, 8:30am - 4:00pm

Life Skills Workshops

☂ **Communication, Anger, Stress, Assertiveness - CASA (4-Part Series)**

6th, 8th, 13th, & 15th, 2:30 - 4:00pm

☂ **EML/Space "A" Travel**

Thursday, 9th, 1:00 - 2:00pm

☂ **English as a Second Language**

Monday, 6th, 20th, or 27th, 10:00 - 11:30am

☂ **Japanese Spouse Group**

Wednesday, 1st, 8th, & 15th, 10:00am - 12:00pm

☂ **Pre-Marriage Seminar (1-1/2 days)**

Thursday & Friday, 16th & 17th, 9:00am

☂ **Stepping Stones**

Thursday, 2nd, 9th, & 16th, 1:00 - 2:30pm

New Parent Support

☂ **Basics Breastfeeding**

Wednesday, 15th, 2:00 - 3:30pm

☂ **Boot Camp for New Dads**

Tuesday, 7th, 1:00 - 4:00pm

☂ **Labor & You**

Monday, 6th, 1:00 - 6:00pm

☂ **NMCRS' Budget 4 Baby**

Thursday, 2nd, 5:00 - 7:00pm

☂ ****Play Morning**

Friday, 3rd, 10th, & 17th, 9:30 - 11:00am

Youth Outreach

☂ **Youth Anger Management (8-Sessions)**

Tuesday, 7th, 14th, 21st, & 28th, July 5th, 12th, 19th, & 26th, 2:30 - 3:30pm

☂ **Youth Peer Pressure (4-Sessions)**

Tuesday, 7th, 14th, 21st, & 28th, 3:30 - 4:30pm

☂ **Youth Problem Solving (8-Sessions)**

1st, 8th, 20th, 22nd, 29th, July 6th, 13th, & 20th, 2:30 - 3:30pm

☂ **Youth Shoplifters Intervention (4-Sessions)**

1st, 8th, 20th, & 22nd, 3:30 - 4:30pm

Transition & Relocation

☂ **Accelerated Transition Assistance (ATAP)**

(This class is for separating military members with less than 8 years of service. The class is a 4-day class from 7:30 am - 4:00 pm each day.)

Monday - Thursday, 6th - 9th, 7:30am

☂ **Managing Your Transition (TAMP)**

(This class is for separating military members with more than 8 years of service. The class is a 4-1/2 days from 7:30 am - 4:00 pm each day.)

Monday - Friday, 20th - 24th, 7:30am

☂ **PCS Workshop**

Friday, 3rd, 8:00am - 12:00pm

☂ **Sponsor & Sponsor Coordinator Training**

Friday, 17th, 2:00 - 4:30pm

☂ **Transition/Relocation Assistance**

Coordinating Committee (T/RACC)

(The T/RACC meets every quarter for the purpose of assessing the needs of the transitioning, relocating members and their families and integrating resources to meet their needs.)

Tuesday, 14th, 8:30 - 10:00am

Ikego Classes

☂ **Employment Overview and Tips**

Tuesday, 21st, 10:00 - 11:30am

☂ **Japanese Culture Series: Adult Japanese Craft Class**

Wednesday, 8th, 10:00am - 12:00pm

☂ **Japanese Culture Series: Hiking Tour**

Wednesday, 22nd, 9:00am - 3:00pm

☂ **Kid's Craft Class**

Tuesday, 28th, 10:00 - 11:00am

☂ ****Play Morning**

Thursday, 2nd & 16th, 9:30 - 11:00am

☂ **Welcome To Ikego**

Tuesday, 14th, 9:00am - 2:30pm

Negishi Classes

☂ **Kid's Craft Class**

Friday, 3rd, 10:30am - 12:00pm

☂ **Play Morning**

Friday, 24th, 9:30 - 11:00am

☂ **Welcome To Negishi**

Wednesday, 8th, 10:00am - 3:00pm

